

Reminiscence with Rebekah

Virtual Sing Along

Theme: **New Year's**

Duration: approximately 45 minutes

- 10-15 minutes to read over discussion questions
- Just over 30 minutes for the YouTube sing along

Welcome!

Thank you so much for joining me for 'Reminiscence with Rebekah!' This week's theme is: *New Year's*. Take a look at the 'pre-session' notes and read through the questions before starting the sing along. Feel free to engage in answering the questions with a loved one at home (spouse, son, daughter, Caregiver, etc.) or read through the questions on your own.

Here are a few things to get ready before starting the YouTube video!

Pre- session

1. Print out the PDF lyrics for the Sing Along so you can sing along at home!
2. Feel free to contact me if you need a larger font.
rebekahkoop@gmail.com
3. Find a quiet, comfortable spot at home- grab some tea, coffee, or water and read through the discussion questions.
4. Press play on the link in the email and get ready to sing along!

Title: 'Reminiscence with Rebekah: New Year's (33:53)

There is no condensed video for this Sing Along package.

Discussion Questions:

Below are some questions to consider before starting the YouTube sing along video.

- In the past did you usually stay up until midnight to celebrate the New Year?
- Did you have any New Year's Eve or New Year's Day traditions?
- Often, New Year's ignites hope within ourselves for the upcoming year- do you typically feel hopeful when a New Year begins? Do you feel hopeful for 2022?
- Did you ever make New Year's Resolutions? Did you follow through on them?
- What traditions did you have around New Year's Eve or New Year's Day?
- Do you have any particular memories of going to a party on New Year's Eve or memories of spending time with family- what are they?
- What kind of hopes do you have for the New Year?

Now sit back- relax! Hang on to your printed lyrics- or your iPad (which has the lyrics)- and press play on the YouTube video. Enjoy!

Additional songs to listen to at the end of the session either on YouTube or Apple Music:

- 'Auld Lang Syne'
- 'What Are You Doing New Year's Eve?'- Ella Fitzgerald