

Reminiscence with Rebekah

Virtual Sing Along

Theme: **Traditional Christmas Carols**

Duration: approximately 45 minutes

- 10-15 minutes to read over discussion questions
- Just over 30 minutes for the YouTube sing along

Welcome!

Thank you so much for joining me for ‘Reminiscence with Rebekah!’ This week’s theme is: ***Traditional Christmas Carols***. Take a look at the ‘pre-session’ notes and read through the questions before starting the sing along. Feel free to engage in answering the questions with a loved one at home (spouse, son, daughter, Caregiver, etc.) or read through the questions on your own.

Here are a few things to get ready before starting the YouTube video!

Pre- session

1. Print out the PDF lyrics for the Sing Along so you can sing along at home!
2. Feel free to contact me if you need a larger font.
rebekahkoop@gmail.com
3. Find a quiet, comfortable spot at home- grab some tea, coffee, or water and read through the discussion questions.
4. Press play on the link in the email and get ready to sing along!

Title: ‘Reminiscence with Rebekah: Traditional Christmas Carols’ (31:03)

There is no condensed video for this Sing Along package.

Discussion Questions:

Below are some questions to consider before starting the YouTube sing along video.

- Did you celebrate Christmas as a child? What about as an adult?
- Did you grow up singing traditional Christmas carols, e.g., Silent Night?
- Did you go to church on Christmas Eve?
- Do you remember children acting out the nativity scene around Christmas time?
- Did/do you have Christmas traditions? Do some of those traditions include going to church?
- What is your favourite Christmas Carol and/or hymn? How does this song make you feel and why?
- What did you do on Christmas Eve? If you went to church, can you recall what songs were sung on Christmas Eve?

Now sit back- relax! Hang on to your printed lyrics- or your iPad (which has the lyrics)- and press play on the YouTube video. Enjoy!

Additional songs to listen to at the end of the session either on YouTube or Apple Music:

- ‘Hallelujah Chorus’ The Messiah- Handel
- ‘It Came Upon a Midnight Clear’
- ‘O Come O Come Emmanuel’