

# Reminiscence with Rebekah

## *Virtual Sing Along*

**Theme:** **An English Christmas**

**Duration:** approximately 45 minutes

- 10-15 minutes to read over discussion questions
- Just over 30 minutes for the YouTube sing along

### **Welcome!**

Thank you so much for joining me for ‘Reminiscence with Rebekah!’ This week’s theme is: *An English Christmas*. Take a look at the ‘pre-session’ notes and read through the questions before starting the sing along. Feel free to engage in answering the questions with a loved one at home (spouse, son, daughter, Caregiver, etc.) or read through the questions on your own.

Here are a few things to get ready before starting the YouTube video!

### **Pre- session**

1. Print out the PDF lyrics for the Sing Along so you can sing along at home!
2. Feel free to contact me if you need a larger font.  
[rebekahkoop@gmail.com](mailto:rebekahkoop@gmail.com)
3. Find a quiet, comfortable spot at home- grab some tea, coffee, or water and read through the discussion questions.
4. Press play on the link in the email and get ready to sing along!

Title: ‘Reminiscence with Rebekah: An English Christmas’ (33:25)

*There is no condensed video for this Sing Along package.*

## Discussion Questions:

Below are some questions to consider before starting the YouTube sing along video.

- Did you know that many of the older Christmas carols that we are familiar with originate from Britain?
- Can you think of a Christmas carol that might have originated in Britain or Scotland? What about 'Deck the Halls?' or 'Ding Dong Merrily on High?'
- Many of these older carols are performed at Christmas time by either church choirs or professional choirs- do you have any memories of watching a choir perform either 'Deck the Halls,' 'Ding Dong Merrily on High,' or 'We Wish You a Merry Christmas?'
- Do you know what it means to wassail? Answer!: It traditionally means to go caroling from door to door. The wassail bowl is typically a drink made of a mix of ingredients (like lemon and garlic) to help boost the immune system.
- What are some of your favourite Christmas carols? Are they religious, i.e., sung in church- or not?
- Have you gone caroling from door to door at Christmas time before? What songs did you sing? What memories do you have of this experience? Have you had carolers at your own door?

Now sit back- relax! Hang on to your printed lyrics- or your iPad (which has the lyrics)- and press play on the YouTube video. Enjoy!

Additional songs to listen to at the end of the session either on YouTube or Apple Music:

- 'The Holly and the Ivy'
- 'The Sussex Carol'
- 'Angels We Have Heard on High'