

Reminiscence with Rebekah

Virtual Sing Along

Theme: **Winter Wonderland**

Duration: approximately 45 minutes

- 10-15 minutes to read over discussion questions
- Just over 30 minutes for the YouTube sing along

Welcome!

Thank you so much for joining me for ‘Reminiscence with Rebekah!’ This week’s theme is: ***Winter Wonderland***. Take a look at the ‘pre-session’ notes and read through the questions before starting the sing along. Feel free to engage in answering the questions with a loved one at home (spouse, son, daughter, Caregiver, etc.) or read through the questions on your own.

Here are a few things to get ready before starting the YouTube video!

Pre- session

1. Print out the PDF lyrics for the Sing Along so you can sing along at home!
2. Feel free to contact me if you need a larger font.
rebekahkoop@gmail.com
3. Find a quiet, comfortable spot at home- grab some tea, coffee, or water and read through the discussion questions.
4. Press play on the link in the email and get ready to sing along!
Title: ‘Reminiscence with Rebekah: Winter Wonderland’ (35:44)

There is no condensed video for this Sing Along package.

Discussion Questions:

Below are some questions to consider before starting the YouTube sing along video.

- Do you get excited about the first snowfall?
- Do you like going for walks in winter after it has snowed?
- Do you like skiing in the snow? What about skating?
- Aren't all the Christmas/Holiday lights special at this time of year?
- What feelings do you have when you see the first snowfall? Are they different than the feelings you had as a child?
- Where were some of your favourite places to walk in the winter time? What about skate or ski?
- What do you like about walks in nature after a fresh snowfall? What animals do you see?

Now sit back- relax! Hang on to your printed lyrics- or your iPad (which has the lyrics)- and press play on the YouTube video. Enjoy!

Additional songs to listen to at the end of the session either on YouTube or Apple Music:

- 'It Snowed'- Meaghan Smith
- 'Baby It's Cold Outside'- Frank Sinatra
- 'Let it Snow! Let it Snow! Let it Snow!'- Dean Martin