

Reminiscence with Rebekah

Virtual Sing Along

Theme: **Thanksgiving**

Duration: approximately 45 minutes

- 10-15 minutes to read over discussion questions
- 30 minutes for the YouTube sing along

Welcome!

Thank you so much for joining me for ‘Reminiscence with Rebekah!’ This week’s theme is: **Thanksgiving**. Take a look at the ‘pre-session’ notes and read through the questions before starting the sing along. Feel free to engage in answering the questions with a loved one at home (spouse, son, daughter, Caregiver, etc.) or read through the questions on your own.

Here are a few things to get ready before starting the YouTube video!

Pre- session

1. Print out the PDF lyrics for the Sing Along so you can sing along at home!
2. Feel free to contact me if you need a larger font.
rebekahkoop@gmail.com
3. Find a quiet, comfortable spot at home- grab some tea, coffee, or water and read through the discussion questions.
4. Press play on the link in the email and get ready to sing along!

Title: ‘Reminiscence with Rebekah: Thanksgiving’ (31:33)

There is no condensed video for this Sing Along package.

Discussion Questions:

Below are some questions to consider before starting the YouTube sing along video.

- In the past, have you hosted large Thanksgiving gatherings?
- Did you serve turkey? What about pumpkin pie?

- Follow with **Open ended questions** (go around in a circle if the group isn't too large):
 - Do you have any Thanksgiving traditions? What are they?
 - What type of food do you serve at Thanksgiving?
 - Are there any particular memories you have of Thanksgiving?
 - Over the last two years, Thanksgiving has been challenging for many families not being able to gather- have you found this challenging? What are some ways you have still been able to connect with family and celebrate Thanksgiving?

Now sit back- relax! Hang on to your printed lyrics- or your iPad (which has the lyrics)- and press play on the YouTube video. Enjoy!

Additional songs to listen to at the end of the session either on YouTube or Apple Music:

- Thanksgiving Prayer- Johnny Cash
- I've Got Plenty to be Thankful For- Bing Crosby