

Reminiscence with Rebekah

Virtual Sing Along

Theme: Harvest Moon

Duration: approximately 45 minutes

- 10-15 minutes to read over discussion questions
- 30 minutes for the YouTube sing along

Welcome!

Thank you so much for joining me for ‘Reminiscence with Rebekah!’ This week’s theme is: ***Harvest Moon***. Take a look at the ‘pre-session’ notes and read through the questions before starting the sing along. Feel free to engage in answering the questions with a loved one at home (spouse, son, daughter, Caregiver, etc.) or read through the questions on your own.

Here are a few things to get ready before starting the YouTube video!

Pre- session

1. Print out the PDF lyrics for the Sing Along so you can sing along at home!
2. Feel free to contact me if you need a larger font.
rebekahkoop@gmail.com
3. Find a quiet, comfortable spot at home- grab some tea, coffee, or water and read through the discussion questions.
4. Press play on the link in the email and get ready to sing along!
Title: ‘Reminiscence with Rebekah: Harvest Moon’ (30:19)

There is no condensed video for this Sing Along package.

Discussion Questions:

Below are some questions to consider before starting the YouTube sing along video.

- The harvest moon is usually a very big orange moon- that sits low in the sky, have you seen it before?
- Have you ever seen a face when looking at the moon?
- Do you like stargazing and looking up into the sky?
- Did you know that the tides in the ocean are impacted by the moon?
- Do you remember when the first man stepped on the moon?
- What are some other phases of the moon that are not a “full moon?”
- Do you have any memories that stand out of when the moon looked particularly beautiful? What is your memory?
- Do you think there is anything to the superstition of the “full moon?”

Now sit back- relax! Hang on to your printed lyrics- or your iPad (which has the lyrics)- and press play on the YouTube video. Enjoy!

Additional songs to listen to at the end of the session either on YouTube or Apple Music:

- Harvest Moon- Neil Young
- Fly Me to the Moon- Frank Sinatra