

# Reminiscence with Rebekah

## *Virtual Sing Along*

**Theme:** *Hymn Sing: Prayer*

**Duration:** 45 minutes

- 10-15 minutes to read over discussion questions
- 30 minutes for the YouTube sing along

### **Welcome!**

Thank you so much for joining me for ‘Reminiscence with Rebekah!’ This week’s theme is: ***hymn sing: Prayer!*** Take a look at the ‘pre-session’ notes and read through the questions before starting the Sing Along. Feel free to engage in answering the questions with a loved one at home (spouse, son, daughter, Caregiver, etc.) or read through the questions on your own.

Here are a few things to get ready before starting the YouTube video!

### **Pre- session**

1. Print out the PDF lyrics for the Sing Along so you can sing along at home!
2. Feel free to contact me if you need a larger font.  
[rebekahkoop@gmail.com](mailto:rebekahkoop@gmail.com)
3. Find a quiet, comfortable spot at home- grab some tea, coffee, or water and read through the discussion questions.
4. Press play on the link in the email and get ready to sing along!

Title: ‘Reminiscence with Rebekah: Hymn Sing Prayer (33:01)

[https://www.youtube.com/watch?v=vs4Vq\\_rEAjM](https://www.youtube.com/watch?v=vs4Vq_rEAjM)

*There is no condensed video this week.*

## **Discussion Questions:**

Before reading through the questions- think back to a time you needed help. Did you feel better after asking God for comfort through prayer?:

- Do you find praying can provide comfort?
- Trusting in God can be difficult, have you had moments in your life where you have found it challenging to trust in God? Feel free to raise your hand if you have.
- When do you pray?
- How often do you pray?
- Why do you pray?
- What are some things that make you anxious? Would it help to pray about it?

Now sit back- relax! Hang on to your printed lyrics- or your iPad (which has the lyrics)- and press play on the YouTube video. Enjoy!