

# The Convalescent Home of Winnipeg

## Indoor Visitation Guidelines for Designated Visitors (subject to change)

A designated family caregiver/visitor is an individual(s) (maximum of two) who has been identified as having a clearly established pattern of involvement in providing active care and support to the Resident's emotional wellbeing, health, and quality of life.

- Indoor visits may be scheduled with advance notice via email request to [familyvisit@tchw.com](mailto:familyvisit@tchw.com). Visits are subject to time being available on the requested day.
  - Indoor visitation days/times are:
    - Monday – Friday from 10:00 a.m. – 11:30 a.m., and from 1:00 p.m. – 5:00 p.m. (last visit will be scheduled for 4:15 p.m.)
    - Evening visits will be available on Tuesdays and Wednesdays from 5:30 p.m. – 7:00 p.m. (last visit will be scheduled for 6:30 p.m.)
    - Saturday visits will be scheduled from 10:00 a.m. – 11:30 a.m., and from 1:00 p.m. – 5:00 p.m. (last visit will be scheduled for 4:15 p.m.)
- Note:** No visits will be scheduled for statutory holidays.

- To be fair to all Residents and families, only one indoor visit (or outdoor visit – weather permitting) per day per Resident may be scheduled. A maximum combined total of three indoor and/or outdoor visits per week per Resident may be scheduled.
- You may ask to schedule ongoing indoor visits for the same day/time (subject to availability).
- The two identified designated visitors are to be the only two who will be allowed indoor visitation (except in situations of end-of-life care). This is being done to minimize the number of people who have ongoing access to our Home. Additional visitors may arrange for outdoor visitations to a maximum combined total of three indoor and/or outdoor visits per week per Resident.
- Unless specific instructions to the contrary are given when scheduling your visit, designated visitors will enter our Home via the “Pod” and access our property via the “garden gate” on Jessie Avenue.
- You will be screened (as per standard COVID-19 virus screening protocols) including a temperature check. **Please stay home if you are feeling unwell. Remember that a cold or flu can also be devastating to our older population.**
- **Please arrive wearing your own medical or non-medical mask.** We will provide a replacement medical face mask for you to wear during your visit.
- You must comply with all Infection Prevention and Control (IPC) measures. This includes strict hand hygiene and physical distancing (6 feet/2 meters apart). Visits will be suspended if visitors do not comply with all IPC measures.
- All indoor visits will be in specific visitation areas either within our “Pod” or on our Home’s main floor. **Visitor(s) will not be allowed access to our Residents’ rooms/floors** (except in “end of life” situations).
- Visits will be for approximately 30 minutes in length, with bookings made for the top and bottom of the hour. Should there not be a conflict with another visit booked immediately following your visit, we will accommodate an extended timeslot. Staff will monitor all visits and courteously advise when the time is drawing to a close.
- Transport of your loved one from and to their room/floor will be managed by our staff.
- You may **briefly** hug your loved one and hold hands; however, expectation is that social distancing (6 feet or 2 meters) will be respected as much as possible.
- You may take your loved one outdoors (weather permitting) for a stroll around our courtyard or to sit in the sunshine during your visitation time.
- Visitors will not be permitted access to our Dining Room.

- Washroom access will not be available for your personal use.
- Should your loved one require help (including usage of the washroom), please speak with the available staff member(s) who is assisting with the visit. They will either directly assist or obtain help.
- Two or more separate family visits (indoor and outdoor) will be scheduled per timeslot– appropriately physically spaced. (i.e., Mrs. Jones with her two visitors; Mr. Smith with his two visitors.) Please do not commingle with other visitors.
- If your loved one is not up to having a visit, the visit will be cancelled. Notification will be provided – however, you may already be in transit when we try to connect. (A Resident’s status – i.e., being asleep, requiring care, or not wishing to visit, etc. – can change from moment to moment.)
- Minors of any age are not permitted to accompany a designated (indoor) visitor(s).
- Pets are not allowed to visit.
- Kindly refer any questions you may have about your loved one’s medical status or special considerations for their care to their nurse by phone call after your visit. Our main phone number is: 204 453-4663. Extensions are as follows: 2<sup>nd</sup> Floor Nursing Station: 212; 3<sup>rd</sup> Floor Nursing Station: 213; 4<sup>th</sup> Floor Nursing Station: 214.

- Any “gifts” brought for your loved one must be left with staff for sanitizing of the outer packaging and or laundering/ labelling before delivery to a Resident. Food items must be packaged (sealed) store-bought treats. Please write the name of the intended recipient either on the package or bag. Kindly note that home-made food items in reusable containers, fruit, or any other non-cleanable item will not be accepted as they cannot be properly disinfected.

For additional information on Manitoba’s COVID-19 virus pandemic measures, please consult:

<https://www.gov.mb.ca/covid19/updates>

A self-assessment screening tool is available on this website.

**The Convalescent Home of Winnipeg reserves the right to suspend all visits in the event of a confirmed or potential COVID-19 virus outbreak in the facility, local area, or upon the direction of the Chief Provincial Public Health Officer. Additionally, any visitor who does not respect the imposed guidelines will be denied ongoing visitations.**

