

Reminiscence with Rebekah

Virtual Sing Along

Theme: **Flowers**

Duration: 1 hour

- 10-15 minutes to read over discussion questions
- 45 minutes for the YouTube sing along

Welcome!

Thank you so much for joining me for ‘Reminiscence with Rebekah!’ This week’s theme is: **Flowers!** Take a look at the ‘pre-session’ notes and read through the questions before starting the sing along. Feel free to engage in answering the questions with a loved one at home (spouse, son, daughter, Caregiver, etc.) or read through the questions on your own.

Here are a few things to get ready before starting the YouTube video!

Pre- session

1. Print out the PDF lyrics for the Sing Along so you can sing along at home!
2. Feel free to contact me if you need a larger font.
rebekahkoop@gmail.com
3. Find a quiet, comfortable, spot at home- grab some tea, coffee, or water and read through the discussion questions.
4. Press play on the link in the email and get ready to sing along!

Title: ‘Reminiscence with Rebekah: Flowers’ (44:56)

There is a condensed video that is around 30 minutes long- however the sing along lyrics PDF will not match the shorter video.

Discussion Questions:

Before reading through the questions- think back to a spring day. What did you enjoy about the day? Were there any flowers? What colour were the flowers? How did the air smell- fresh?

Below are some further questions to consider before starting the YouTube sing along video.

- Do you like smelling flowers?
- Did you grow flowers?
- Do you remember getting flowers on Valentine's day- or having flowers at your wedding?
- What is your favourite flower?
- What types of flowers did you grow in your garden?
- What flowers grow in Manitoba?
- Around what time of year do the flowers start growing?

Now sit back- relax! Hang on to your printed lyrics- or your iPad (which has the lyrics)- and press play on the YouTube video. Enjoy!

Additional songs to listen to at the end of the session either on YouTube or Apple Music:

- Build Me Up Buttercup- The Foundations
- Roses Are Red (My Love)- Bobby Vinton
- Spring- John Denver