

Reminiscence with Rebekah

Virtual Sing Along

Theme: Birds

Duration: 1 hour

- 10-15 minutes to read over discussion questions
- 48 minutes for the YouTube sing along

Welcome!

Thank you so much for joining me for ‘Reminiscence with Rebekah!’ This week’s theme is: **Birds!** Take a look at the ‘pre-session’ notes and read through the questions before starting the Sing Along. Feel free to engage in answering the questions with a loved one at home (spouse, son, daughter, Caregiver, etc.) or read through the questions on your own.

Here are a few things to get ready before starting the YouTube video!

Pre- session

1. Print out the PDF lyrics for the Sing Along so you can sing along at home!
2. Feel free to contact me if you need a larger font.
rebekahkoop@gmail.com
3. Find a quiet, comfortable, spot at home- grab some tea, coffee, or water and read through the discussion questions.
4. Press play on the link in the email and get ready to sing along!

Title: ‘Reminiscence with Rebekah: ‘Birds’ (48:00)

<https://www.youtube.com/watch?v=vLjgboWHzDM>

There is a condensed video - however the sing along lyrics PDF will not match the shorter video.

Discussion Questions:

Before reading through the questions- think back to a spring day. What did you enjoy about the day? Could you hear birds? What type of birds did you hear or see?

Below are some further questions:

- Did/do you have bird feeders?
- What about a bird bath or bird house?
- Does the sound of birds remind you of spring?
- Do you like the sound of birds on a spring morning?
- What is your favourite type of bird?
- What type of birds live in Manitoba?
- What birds do you see outside?
- What type of birds did you have in your backyard?
- What is a type of bird that is a sign of spring? (robin)
- Do you know what type of bird symbolizes happiness? (bluebird)
- In what songs that you know of are bluebirds mentioned?

Now sit back- relax! Hang on to your printed lyrics- or your iPad (which has the lyrics)- and press play on the YouTube video. Enjoy!

Additional songs to listen to at the end of the session either on YouTube or Apple Music:

- Rockin' Robin- Bobby Day
- Three Little Birds- Bob Marley
- Blackbird- The Beatles
- Feed the Birds- Julie Andrews (Mary Poppins)